

ROUTING

Principals APEIS

Administrators

**School Nurses** 

**School Physicians** 

LD Superintendents

Support Unit Administrators Division of Special Education

School Administrative Assistants

**TITLE:** Assisting Students with Prescribed

Medication at School

**NUMBER:** BUL-3878.3

**ISSUER:** Smita Malhotra, MD

**Medical Director** 

Office of the Medical Director

**DATE:** January 31, 2022

**POLICY:** This Bulletin outlines the District policies for the administration of

medication at school.

MAJOR This is a revision of BUL-3878.2 dated July 30, 2012 of the same title.

CHANGES: The revision includes updated information regarding bi-national health

The revision includes updated information regarding bi-national health plans for asthma medication, the Medical Waste Disposal Act, nursing services checklist for medical waste, and electronic documentation in the

new iSTAR.

**GUIDELINES:** The following guidelines apply.

I. Background

The overall goal of this Bulletin is to establish a safe and effective means whereby students are enabled to receive medications while attending school. The authority for students to receive medication at school exists in federal law and California Education Code.

California Education Code (CEC) Section 49423 provides statutory authority for providing assistance in administering medication in California schools. California Code of Regulations (CCR), Title 5, Division 1, Chapter 2, Subchapter 3, Article 4.1, provides clarification for implementing CEC Sections 49423 and 49414. Specifically, the regulations clarify who may administer medications to students requiring medication during the regular school day, under what conditions such administration of medication may occur, and the requirements for the delivery, administration, documentation, and disposal of medication. Information is also contained in Title 5, CCR Sections 600-602 and the Business and Professions Code (BPC). Please see the Program Advisory on Medication Administration from the California Department of Education dated 2005 for legal references.

Parents/legal guardians/educational rights holders (for purposes of this bulletin, "Parent") are notified annually of the provisions related to



administration of medications at school in the Los Angeles Unified School District (LAUSD) Parent Student Handbook. Whenever possible, it is preferable for health care providers to establish a medication schedule that will eliminate or minimize the necessity for a student to take medication during school hours. Parents are urged to ask their healthcare providers to consider such an arrangement.

#### II. Procedure

Students can be assisted to take medication during school hours when there is written authorization from their healthcare provider and Parent (see Attachment A). Medication supplied by Parent must be in an appropriately labeled container. Designated school personnel must receive yearly training by the school nurse.

#### A. Authorization from Authorized Health Care Providers

- Required written authorizations permitting a medication to be administered in California schools shall be provided by an authorized health care provider who is licensed by the State of California to prescribe medications. Authorized health care providers include:
  - a. California-licensed physicians, osteopathic physicians and surgeons
  - b. California-licensed dentists, optometrists, and podiatrists
  - c. California-licensed nurse practitioners and California-certified nurse midwives. (Must provide their furnishing numbers and the name, address, and telephone number of the supervising physician.)
  - d. California-licensed physician assistants. (Must provide DEA number, the name, address and telephone number of the supervising physician.)
  - e. California Education Code Section 49423.1 requires a school district to accept a written authorization provided by a physician or surgeon relating to a student carrying and selfadministering inhaled asthma medication, from a physician or surgeon who is contracted with a prepaid bi-national health plan operating lawfully under the laws of Mexico that is licensed as a health care service plan in California. The written authorization must be provided in both English and Spanish and include the name and contact information for the physician or surgeon.



- 2. The written authorization for medication administration at school must contain all information on the form (see Attachment A).
  - a. For all medication prescribed on an as needed basis (PRN), the healthcare provider must list the specific symptoms that necessitate the administration of medication and the allowable frequency for administration.
  - b. A written authorization is not required when a Parent, or parent's designee who is not an employee of LAUSD, administers medication to their child in school.
  - c. An electronic transmission copy (fax, email) is acceptable as long as the authorization is clear and legible.
  - d. Telephone (verbal) authorization is NOT acceptable.
- 3. Parent obtains written authorization from the student's health care provider (see Attachment A). Each medication requires a separate written authorization.
- 4. Medication is delivered according to the licensed healthcare provider order. The school nurse/school designee cannot accept parent requests for changes/modifications to the current medication administration orders; any changes or modifications must be in writing from the licensed healthcare provider.
- 5. Written authorization for medication administration at school must be:
  - a. Renewed annually (the authorization is valid for one calendar year from the date of the Licensed Healthcare Provider's signature).
  - b. A new written authorization for medication must be submitted whenever there is a change in medication (including dose, time and/or method of administration).
- 6. Over-the-counter medications require written authorization from the licensed healthcare provider and parent.
- B. The Parent Written Authorization
  - 1. The parent/legal guardian/educational rights holder ("Parent") shall provide the school with a written authorization indicating their desire that the school assist the student with medication administration. (see Attachment A)



- 2. Written authorization from the Parent must be renewed annually or whenever there is a new written authorization from the authorized health care provider. The authorization is valid for one calendar year from the date of the Licensed Healthcare Provider's signature.
- 3. Parent-generated changes or modification to the medication administration directions may not be acted upon by school site personnel unless such changes are received from the authorized health care provider in writing.
- 4. The parent has a right to rescind their consent for administration of medication at school at any time. The Parent must submit a written authorization to discontinue the medication, and the school nurse will notify the health care provider.

#### C. Review of Written Authorizations

- 1. The school nurse will review all written authorization from authorized health care providers and the Parent to ensure that they are complete and that the medication may safely be administered in accordance with the written authorization.
- 2. If the school nurse is not onsite when new medication orders are received, school personnel will contact the site school nurse or the local district nursing office for assistance.
- 3. Each medication requires a separate written authorization.
- 4. The school nurse will confirm that medication containers are labeled in a manner consistent with the written authorization.
- 5. If the school nurse has questions or concerns regarding the written authorization, they will communicate with the authorized health care provider or pharmacist to resolve these concerns.

#### D. Delivery and Storage of Medication at School

- 1. Parent/legal guardian/educational rights holder ("Parent") or adult designee will deliver medication to the school.
- 2. Medication must be in a container labeled by a pharmacist licensed in the United States.
- 3. If multiple medications are to be administered at school, each medication must be in a separately labeled container.



- 4. Multiple-drug packages prepared by a pharmacist should not contain more than two medications in a single package unless special arrangements are made in consultation with District Nursing Services.
- 5. Over-the-counter medication that has been prescribed by an authorized health care provider must be delivered to school in the original container.
- 6. It is the Site Administrator's responsibility to maintain a safe environment including safe and secure storage for all medications. All medication must be stored in a locked cabinet, or a locked refrigerator, to maintain effectiveness. Refrigerators used for medication storage must be used exclusively for medication storage.

#### E. Persons Authorized to Administer Medication at School:

- 1. Persons authorized include: school nurse, licensed vocational nurse (LVN), site administrator or school designee as allowed by law, Parent or designee who is not an employee of LAUSD, contracted licensed health care professional or by the student in specific circumstances. (See Section G for self-administration of medication at school.)
- 2. Designated school personnel who volunteer to perform medication administration must participate in yearly training by the school nurse. The school nurse must keep documentation of supervision, review and monitoring of those trained. (See Attachment C, Attachment C-2)
- 3. Designated school personnel must summon a student who fails to come to the office for medication.
- 4. The unlicensed staff member may not administer the following: medication by injection; medication that has potential for immediate, severe, or adverse reactions; and medication that requires nurse assessment or dosage adjustment before administration, except for emergency medications as allowed by law.
  - a. Emergency injectable medications such as auto-injector epinephrine, Glucagon and medication for adrenal insufficiency require a written emergency plan, medication order, protocol authorization, and training for designated school personnel by the school nurse.



- (See attachment C-2)
- b. Emergency medication for seizures requires a written emergency plan, medication and protocol authorizations and training of designated school personnel by the school nurse/school physician. (See attachment C-2)
- c. Designated personnel who administer life sustaining emergency seizure medication must possess current certification in cardiopulmonary resuscitation (CPR) from a recognized source of training. For administration of other emergency medications, CPR certification as above is highly recommended but not required.
- d. California Educational Code Section 49414 requires school districts to provide emergency epinephrine autoinjectors to each school.
  - Refer to BUL 114500 school nurses and trained personnel to use epinephrine autoinjectors to provide emergency medical aid to persons suffering or reasonably believed to be suffering from an anaphylactic reaction. CPR is recommended but not required for nonlicensed, trained personnel.
  - The Standing Order for Anaphylaxis— Epinephrine Auto-Injector is kept on file in District Nursing Services and Student Medical Services.
- 1. School Nurse, LVN, Parent or designee who is not an employee of LAUSD, or contracted licensed health care professional administers insulin to the student unless the student can inject themselves.
- 2. Designated school personnel who volunteer to monitor insulin administration by the student must participate in yearly training by the school nurse. The school nurse must keep documentation of supervision, review and monitoring of those trained.

#### F. Documentation of Administration of Medication in School

1. Documentation of each administration of medication is recorded in the student's electronic health record. If it is not possible to document administration of medication electronically, School Medication Record (Attachment D) may be used, so long as it is later transcribed into the electronic health record by each staff member who administered the medication.



- 2. Documentation will include date, time and electronic signature of the staff member administering the medication on the electronic health record, or date, time and initials and signature of the staff member administering the medication on the School Medication Record (Attachment D). The following should also be included:
  - a. Documenting omitted medication; failure to administer the medication as authorized; and the date, time and means of notifying the Parent, as well as the ordering healthcare provider when applicable.
  - b. A signature space on School Medication Record for the school nurse or other designated school personnel authorized to administer medication if the electronic health record is not available.
  - c. Documentation of unanticipated outcomes.
  - d. Maintaining the current count of controlled medication.
- 1. The school nurse or licensed vocational nurse (LVN) is responsible for transferring the authorized health care provider's written authorization onto the electronic or written medication log, informing all designated school personnel of changes in the medication order. When an LVN transfers this information onto the electronic or written medication log, the school nurse is responsible for reviewing the entry for accuracy and correctness. The school nurse will then enter their name in the field labeled "Reviewed by". Additional training may be provided, as needed, by the school nurse for all designated school personnel.
- 2. Electronic documentation of all medications administered at school occurs at the time the medication is administered. The school nurse is responsible for monitoring accurate logging of medication and adverse outcomes to medication administration in the electronic health record in Welligent. In addition, the school nurse is responsible for training other staff members on the proper procedure to document medication administration in Welligent. In the event that it is not possible to document medication administration in Welligent, written documentation on the Student Medication Record will be accepted, so long as it is later transcribed into the electronic health record by each staff member who administered the medication.
- 3. Medications classified as "controlled substances" (as defined by CFR [Code of Federal Regulations] Title 21, Chapter 2, Section 1300.1) must be counted and logged daily.
  - a. Controlled substances are drugs that have a potential for



abuse and psychological and physical dependence. These may include opiates, stimulants, depressants, hallucinogens, and anabolic steroids such as methadone, oxycodone, morphine, hydromorphone, methylphenidae (Ritalin), demethylphenidate (Focalin), and Adderall. This is not a comprehensive list. Refer to <a href="https://ecfr.federalregister.gov/current/title-21/chapter-II/part-1300/section-1300.01">https://ecfr.federalregister.gov/current/title-21/chapter-II/part-1300/section-1300.01</a>

- b. All controlled substances are to be counted in the presence of the Parent/designee delivering the medication. The staff member and the Parent/designee sign the Student Medication Record attesting to the count.
- c. Each dose of the controlled substance that is administered is recorded and subtracted from the total count. The remaining doses are documented in the electronic health record and/or Student Medication Record.
- d. Discrepancies between what has been documented as administered and the amount remaining are reported immediately upon discovery to the site administrator, local district nursing office, and school nurse. An iSTAR incident report will be initiated.

#### G. Self-Administration of Medication at School

- 1. Per section 49423.1 of the California Education Code, in order for a pupil to carry and self-administer prescription inhaled asthma medication, the school district shall obtain both a written authorization from the physician or surgeon detailing the name of the medication, method, amount and schedules by which the medication is to be taken, and confirming the student is able to self-administer inhaled asthma medication. Additionally, the District shall obtain a written authorization from the Parent of the pupil consenting to the self-administration, providing a release to the school nurse to consult with the authorized health care provider should any questions arise, and releasing the district and school personnel from civil liability if the self-administering pupil suffers an adverse reaction by taking the approved medication.
- 2. Students are allowed to carry and self-administer emergency or necessary medications if there is:
  - a. Written authorization from the authorized health care provider. (see Attachment E)
  - b. Written Parent consent. (Attachment E)



- c. Documentation by the school nurse in the electronic health record of the student's capability to safely and competently perform the task.
- d. Written student contract. (See Attachment F)
- 3. California law authorizes students of any age to carry and selfadminister inhaled asthma medication and auto-injectable epinephrine.
  - a. An *Asthma Action Plan* (AAP) is a written authorization that includes complete medication authorization information from the student's health care provider and Parent. It is acceptable without the need for additional District forms and is strongly recommended for all students with asthma. (See Attachment G)
  - b. The school nurse will review the AAP to ensure that the plan includes all required information and release of the District from liability when a student self-administers asthma medication. The student contract will also be completed by the school nurse.
- 4. Pupils misusing self-administered medications are subject to specified interventions and disciplinary actions pursuant to Section 48900, et seq., of the California Education Code.

#### H. Errors in Administration of Medication at School

- 1. Any failure to properly administer medication according to the written authorization is reported immediately upon discovery to the site administrator, local district nursing office and the school nurse. The school nurse or site administrator will notify the Parent and if necessary, the authorizing health care provider at the time of the occurrence. The local district nursing administrator must also be notified.
- 2. All medication errors require written documentation of the error in the Incident Systems Tracking Accountability Report (iSTAR). In the new iSTAR system under "Issue Type", select "Medication/Protocol Error" If that iSTAR system is not in use at the site, then under "Issue Type" select "Medical".
- 3. Medication dropped on the floor and discarded is recorded on the Student Medication Record and witnessed and signed by a second adult, and
- 4. Controlled substances are documented in the Medication Inventory in the student's electronic health record and/or the Student Medication Record.
- I. Disposal of Medications at School



- 1. Medications are to be returned to the Parent at the end of the school year, when discontinued, or outdated and documented on the Student Medication Record. Indicate date of return and signature of school personnel returning medication and signature of person receiving the medication. If medication is returned to the Parent by a licensed nurse, also document on the student's electronic health record.
- 2. If Parent has not arranged pickup within 30 days, or if medication is expired, the medication will be disposed of by the licensed nurse. The disposal should be documented on the Student Medication Record/electronic health record, and on the Medical Waste Tracking Document. Disposal is handled as medical/hazardous waste. Please follow the preparation guidelines as outlined in the Medical Waste Transport Checklist (Attachment H).
- 3. Medications should not be sent home with students, disposed of in school trash or flushed down the toilet.
- J. Medication Administration for Field Trips and All School-Related Activities
  - The school nurse should be notified four weeks in advance of planned school-sponsored events to allow time to schedule and conduct trainings of designated school staff if medication will need to be administered. Injectable medications such as insulin require specific communication between the school nurse, Parent and local district nursing office to develop a plan for administration.
  - Designated school staff should keep medication in a closed container on their person at all times. A copy of the Student Medication Record to document time of administration and personnel administering the medication will accompany each medication..
  - 3. It should be verified that students who self-carry medication have adequate amounts of medication and supplies with them.
- K. Administration of Prescribed-as-Needed (PRN) Medication in School
  - 1. Before a PRN medication is administered, designated school personnel validate when the medication was last given to



determine that the time interval complies with the authorized frequency of administration:

- a. Check student's electronic health record or Student Medication Record for time of last dose administered.
- b. Check that student has been in attendance at school for length of time of the authorized frequency.
- c. Call the Parent to validate when the medication was last given at home if student has been in attendance less than the length of time of the authorized frequency.
- 2. Before a PRN medication is administered, the school nurse or designated school personnel validate the symptoms being experienced by the student as symptoms identified on the written authorization.
- 3. When recording on the student's electronic health record or Student Medication Record, include the symptoms for which the PRN medication was administered and outcome after administration.
- L. Disaster Preparedness and Administration of Medication
  - 1. The school should include procedures for access to and administration of medications to students during emergencies.
  - 2. School nurses should consult with Parents and licensed healthcare providers regarding medications normally taken at home that may need to be available during such emergencies, such as asthma controller medication, seizure medication, diabetic medication, psychotropic medication, heart and diuretic medications, antiviral medications, or any other physician-prescribed life-saving medications. Obtain medication order(s), medication and supplies for 72 hours for disaster preparedness.

#### **AUTHORITY:**

This is a policy of the Los Angeles Unified School District.

California Education Code Section 49423, 49423.1, 49423.6, 49414.5 and 49414.7.

California Code of Regulations, Title 5, Division 1 and California Code of Regulations (CCR), Title 5, Division 1, Chapter 2, Subchapter 3, Article 4.1 and sections 600- 602.



Business and Professions Code (BPC) Sections 1625, 2051, 2052, 2472, 2746.51, 2836.1, 3041, 3502.1

Medical Waste Management Act

### RELATED RESOURCES:

- 1. Asthma Action Plan
- 2. California Education Code Section 48900
- 3. Title 21, Code of Federal Regulations (CFR) Section 1300.1
- 4. California Code of Regulations (CCR) Sections 600-611
- 5. iSTAR
- 6. LAUSD Parent Student Handbook
- 7. Program Advisory on Medication Administration from the California Department of Education dated May 2005 for Legal References
- 8. REF-2111 "Field Trips Handbook and Revised Procedures"
- 9. Glucagon, Epinephrine, and Solu-Cortef medication order forms from the DNS elibrary

#### **ASSISTANCE:**

For assistance or further information please contact Director, Student Medical Services (213) 202-7577 or Director, District Nursing Services (213) 202-7580. Please note that all attachments are available in the nursing e-library under "forms".



#### LOS ANGELES UNIFIED SCHOOL DISTRICT

Student Health and Human Services

#### REQUEST FOR MEDICATION TO BE TAKEN DURING SCHOOL HOURS

(To be completed by a CA Licensed Health Care Provider, or a physician or surgeon from Mexico contracted with a bi-national health plan who prescribes self-administered, inhaled asthma medication in accordance with C.E.C. Section 49423.1)

Student	t Name		_		
	Last	First	Gender	Birth date	School
Name o	of Medication		Sta	art date	
Dosage	e prescribed	Time schedule a	at school	Route	
How lor	ng is medication to be taken	1 Year ☐ short-	-term Date med	ication to be discontinue	ed or # of days to be given
Purpos	e of Medication or diagnosis			IC	CD Code
License	d Health Care Provider's Recomn	nendations (Check	where applicable)		
	The medication may have adve	erse side effects (e	explain)		
	Special instructions and/or com	ments			
The st	udent for whom this medication i	s prescribed is und	der my care.		
	Print name/Title		Signature	<b>:</b>	Date
Address		City	State	Zip Code	Telephone
Print na	ame of Supervising Physician				(NP, Midwife, PA)
Furnish	ing Number	(NP/Mid	lwife)		
	REQUEST FOR ME	EDICATION TO E			IOURS
school. another permiss	st that my child I assume full responsibility for sur responsible adult, and agree to sion for the exchange of medical care provider and pharmacist.	to the District poli	ation and shall de icies and proced	eliver it, or have it d dures listed on the	reverse side. I give my
Da	ate Signature of Pare	nt/Guardian/Stude	ent 18 years	Printed Name ( )	
////	lome telephone	Work tele	phone	Cell	ular telephone

#### DISTRICT PROCEDURES REGARDING MEDICATION TAKEN DURING SCHOOL HOURS

- 1. Prescription medications must be clearly labeled by a U.S. dispensing pharmacy and contain the following information: (consistent with prescription of authorized licensed health care provider
  - Student's full name
  - Physician's name
  - Dosage, schedule, and route
  - ♦ How long medication is to be taken? 1 year or short term: (Date medication is to be discontinued or number of days medication is to be administered.)
- 2. In addition to a home supply, parent/guardian may request a second labeled bottle from the pharmacy for school use.
- 3. Non-prescription (over the counter) medications that have been authorized by this request may be administered at school only if the medication is provided in the original container.
- 4. Request for Medication to be Taken During School Hours must be renewed annually.
- 5. Parent/Guardian will notify the school nurse or site administrator and provide a new Request for Medication to Be Taken During School Hours when there is a change in the student's medication, health status or authorized health care provider.
- 6. The school administrator or the administrator's designee will assume responsibility for placing the medication in a locked cabinet, storage unit or locked refrigerator.
- 7. The school administrator, the administrator's designee, or school nurse will assume responsibility for returning unused medication to the parent/guardian at the end of the student's school year.
- 8. If medication must be taken while a student is on a field trip, arrangements must be made through the school nurse.
- 9. All injectable medications require special arrangements.
  - a. Injectable medications, such as insulin, used on a regular or as needed basis must be administered by licensed health care providers and require special arrangements.
  - b. Injectable medications, which are to be given on an emergency basis, require special arrangements and training of volunteer school staff by the credentialed school nurse/physician.
- 10. Each medication requires a separate written authorization.

#### LOS ANGELES UNIFIED SCHOOL DISTRICT



#### Student Health and Human Services

#### REQUEST FOR MEDICATION TO BE TAKEN DURING SCHOOL HOURS

(To be completed by a CA Licensed Health Care Provider, or a physician or surgeon from Mexico contracted with a bi-national health plan who prescribes self-administered, inhaled asthma medication in accordance

	Last	First	Sex	Birth date		Sc	hool
Name of Medica	ation			Start date			
Dosage prescrib	oed	Time schedule at sch	nool		_ Ro	oute	
How long is med	dication to be taken [	☐ 1 Year ☐ short-term					
				edication to be disco			
Purpose of Med	ication or diagnosis_				IC	D Code	·
<b>Licensed Health</b>	Care Provider's Reco	mmendations (Check where	e applicab	le)			
☐ The me	dication may have a	dverse side effects (expla	in)				
☐ Special	instructions and/or co	omments					
The student for	whom this medication	on is prescribed is under m	ny care.				
p	rint name/Title		Signa	fure			Date
-		ar.				()_	
Address		City	Sta	te Zip C	ode		Telephone
Print name of S	upervising Physician					(NP,	Midwife, PA)
Furnishing Num	ber	(NP/Midwife)					
SOLICITU	JD PARA EL SUMI	NISTRO DE MEDICAM	ENTOS	DURANTE EL	HOF	RARIO	ESCOLAR
	(Deberá s	er completado por el pa	dre de f	amilia o tutor le	egal)		
olicito que mi hi	jo(a)_, reciba ayι	uda en la escuela pa	ara tom	nar la medica	ción	prescri	pta. Asumo t
		inistro de la medicación					
		cepto las normativas y I intercambio de inform					
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#### PROCEDIMIENTOS DEL DISTRITO ACERCA DEL CONSUMO DE



#### MEDICAMENTOS DURANTE EL HORARIO ESCOLAR

- 1. Los medicamentos prescritos deben estar debidamente etiquetados por una farmacia en los Estados Unidos y deben contener la siguiente información (la cual tiene que coincidir con la que aparece en una receta expedida por un proveedor de atención médica autorizado):
  - ♦ Nombre completo del estudiante.
  - ♦ Nombre del doctor.
  - ♦ Dosis, horario y vía de consumo.
  - ♦ ¿Durante cuánto tiempo se tiene que consumir el medicamento? 1 año o a corto plazo: (Fecha en que se debe descontinuar el uso del medicamento o el número de días que se debe administrar el medicamento).
- 2. Aparte del medicamento para uso en casa, el padre, madre o tutor legal puede solicitar en la farmacia otro recipiente del medicamento, debidamente etiquetado, para uso en la escuela.
- 3. Los medicamentos no prescritos o de uso público regular cuyo uso se ha autorizado por medio de este documento pueden ser administrados en la escuela sólo si el medicamento se proporciona en el recipiente original.
- 4. La solicitud para administrar o tomar un medicamento durante el horario escolar se debe renovar anualmente.
- 5. El padre, madre o tutor legal notificará a la enfermera escolar o administrador de la escuela y proporcionará una nueva Solicitud de Medicamento para Administrarse en el Horario Escolar cuando se presente un cambio de medicamento para el estudiante, en el estado de salud del educando o del proveedor de atención médica.
- 6. El administrador escolar o persona asignada por el administrador asumirá la responsabilidad de colocar el medicamento en un gabinete con llave, en una unidad de almacenamiento o refrigerador con llave.
- 7. El administrador escolar, persona asignada por el administrador o la enfermera escolar asumirá la responsabilidad de devolver el medicamento que no se ha utilizado al padre, madre o tutor legal al terminar el año escolar del estudiante.
- 8. Si el medicamento se tiene que consumir durante un paseo escolar del estudiante, los arreglos necesarios se deben de llevar a cabo por conducto de la enfermera escolar.
- 9. Se requiere de un arreglo especial para todos los medicamentos que se deben administrar por vía de una inyección.
  - c. Los medicamentos que se administran por vía de una inyección, por ejemplo, la insulina, que se usan con regularidad o en caso necesario, deben ser administrados por proveedores de atención médica autorizados y requieren de arreglos especiales.
  - d. Los medicamentos que se administran por vía de una inyección, los cuales se deben administrar en casos de emergencia, requieren de arreglos especiales y la capacitación de un voluntario del personal escolar por parte de una enfermera escolar o doctor acreditado.
- 10. Cada medicamento requiere de una autorización escrita por separado.



#### LOS ANGELES UNIFIED SCHOOL DISTRICT Student Health and Human Services

#### RENEWAL OF REQUEST FOR MEDICATION TO BE TAKEN DURING SCHOOL HOURS

	Date:
Student:	
School:	
Dear Parent or Guardian:	
Be Taken during School Hours authorization has completed by your child's California Licensed H Mexico contracted with a bi-national health plan	at school in the past. The <i>Request for Medication to</i> expired and needs to be renewed. The form must be fealth Care Provider, or a physician or surgeon from n who prescribes self-administered, inhaled asthma 23.1. The request must be signed by you and returned
Medication must be brought to the office in a pharm responsible adult.	macy-labeled container by the parent/guardian or other
Please notify the School Nurse any time there is a authorized health care provider.	change in your child's medication, health status or
	Principal
	School Nurse

Fecha:



# LOS ANGELES UNIFIED SCHOOL DISTRICT POLICY BULLETIN

#### DISTRITO ESCOLAR UNIFICADO DE LOS ÁNGELES Servicios Humanos y Salud Estudiantil

# RENOVACIÓN DE LA SOLICITUD PARA ADMINISTRACIÓN DE MEDICAMENTOS DURANTE EL HORARIO ESCOLAR

Estudiante:	
Escuela:	
Estimado padre, madre o tutor legal:	
En el pasado, a su hijo(a) se la ha ayudado a tomar un medicamento en la escuela. La autorizaci <i>Solicitud de Medicamento para Administrarse en el Horario Escolar</i> ha caducado y se tiene que El formulario debe ser completo por el proveedor de atención médica o doctor, con licencia para en California, de su hijo(a) o un doctor o cirujano de México que trabaja con un plan de salud bir que prescriba que el medicamento su puede administrar por el propio paciente o inhalar el medicamento assuma de conformidad con el Artículo 49423.1 de C.E.C. La solicitud debe contar con su debe ser entregada a la enfermera escolar a la mayor brevedad posible.	renovar. a ejercer nacional camento
El padre, madre, tutor legal u otro adulto responsable debe traer el medicamento a la direccie escuela en un recipiente debidamente etiquetado por la farmacia.	ón de la
Por favor notifique a la enfermera escolar acerca de cualquier cambio en el medicamento para su en el estado de salud del educando o del proveedor de atención médica.	hijo(a),
Director	
Enfermera Escolar	



#### LOS ANGELES UNIFIED SCHOOL DISTRICT

Student Health and Human Services
District Nursing Services

#### TRAINING LOG

TOP	IC		SCHOOL YEAR	
SCH	00L		DATE	
No.	PRINT NAME	SIGNATURE	EMPLOYEE #	JOB TITLE
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
Trois	ning motorials used			
	ning materials used			
Scho	ol Nurse Trainer's Signature			
Scho	ol Administrator's Signature			
Distri	bution: School Administrator LD Nurse Administrator Medication/Protocol Bool	k (Retain for 7 years)		

33.204 B Rev. 9/18



#### LOS ANGELES UNIFIED SCHOOL DISTRICT Student Health and Human Services District Nursing Services

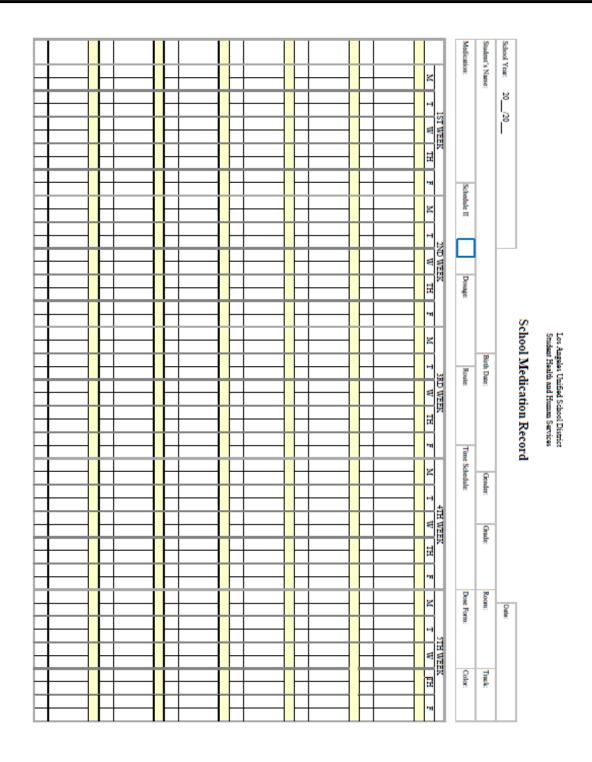
#### STUDENT SPECIFIC TRAINING LOG

Student's Name Birth Date				
School Year_			Type of Training	
School			Date	
	INT NAME	SIGNATURE	EMPLOYEE #	JOB TITLE
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
Training mate	erials used			
School Nurs	se/Physician Trainer's	Signature		
School Adm	inistrator's Signature			
Distribution:	School Administrate LD Nurse Administ		and file for 7 years)	

Medication/Protocol Book (Retain in the health record file for 7 years)

Scan and Upload in DMM Tab (Attachments)







Circle count when refill of Schedule II drugs is rec'd in the lower box; also chart # of additional doses rec'd in the comment section.

For Schedule II drugs, Indicate count after each dose administration in the lower box; le: Ritalin & Dexedrine.

Indicate time administered & initial in the appropriate box.

# LOS ANGELES UNIFIED SCHOOL DISTRICT POLICY BULLETIN

Print Name Print Name

Signature

Initial:

Print Name

Signature

III M

Imital:

DATE

REMARKS

			Student Health and	Human Services					
			School Medica	ntion Record					
							Date		
			Birth Date:		Gender	Grade:	Room:		Track:
i		Dosage	Route	Time	Schodule:		Dose Form:		Color:
ole):			Name of Teacher Notified:			Date not	ified:		
			Parent's Phones Home		Work		Cell		
	Address:			City:		Zip Code:	Phon	ñ	
	Date	**	Reviewed by	School Nurse:			Date		
A	)HI	ORIZE	D SIGNATURI	ES (Print, Sig	n & Initial				
	Schedule II  Date Discontinued (If applicable):  ed by:						School Medication Record    School Medication Record   Gender:   Gender:   Gender:	School Medication Record    School Medication Record	School Medication Record    School Medication Record   School Medication Record

BUL-3878.3 Office of the Medical Director

S 8

8 K

SIGNATURE



#### LOS ANGELES UNIFIED SCHOOL DISTRICT

#### **Student Health and Human Services**

#### REQUEST FOR SELF-ADMINISTRATION OF MEDICATION DURING SCHOOL HOURS

Student's Last Name	First Name	Gender	Birth Date	School
Name of Medication			Start Date	
Dosage Prescribed	Time/Frequency		Route	
			(Mo	outh, Ear, Eye, Etc.)
How long is medication to be taker	n?□ 1 year□ short-term	Date medication to be	e discontinued or # of	days to be given
Purpose of medication or diagnosis	3			Code
	<b>PROVIDER</b> (To be completed by a C plan who prescribes self-administered, in			
jeopardy unless the medication is	equires immediate use of	ool. I certify that this s	student has demonstra	ated knowledge of correct dosa
Please check where applicable:				
☐ The medication may have	adverse side effects (explain):			
☐ Instructions and/or comm	ents:			
The student for whom this media	cation is prescribed is under my care			
Print name of licensed health care	e provider	Signature		Date
Address	City	State	Zip Code	Telephone
Print name of Supervising Physic	cian (if N.P., Midwife or P.A.)		Furnishing Nun	nber (if N.P. or Midwife)
PARENT/GUARDIAN				
	dication and agree to the District policied health care provider.			
release the Los Angeles Unified Sc	obysically, mentally, and behaviorally obhool District from any and all rights or cation of the Los Angeles Unified Schuthe above request.	claims of any nature v	whatsoever I may have	e against the Los Angeles Unifi
give my permission for the exchaprovider and pharmacist.	ange of medical information regarding	self-administration of	f medication at school	l with the authorized health car
Print name of parent or guardian		Signature		Date
)	()		()_	
Telephone		Work telephone		Cellular telephone
HOOL PERSONNEL				
	the parent/guardian and orders of the parent/guardian and behaviorally capable of self-			
Signature of School Principal	Signature			Date
SIGNATURE OF SCHOOL PRINCIPAL	215Harme			Date



### DISTRICT PROCEDURES REGARDING SELF-ADMINISTRATION OF MEDICATION DURING SCHOOL HOURS

- 1. Prescription medications must be clearly labeled by a U.S. dispensing pharmacy and contain the following information: (consistent with prescription of authorized licensed health care provider)
  - Student's full name
  - Physician's name
  - Dosage, schedule, and route.
  - How long medication is to be taken? 1 year or short-term (date medication is to be discontinued or number of days medication is to be administered.)
- 2. Non-prescription (over the counter) medications that have been authorized by this request, must be in the original container.
- 3. Requests for Self-Administration of Medication during School Hours must be renewed annually.
- 4. Parent/Guardian will notify the school nurse or site administrator and provide a new Request for Self-Administration of Medication During School Hours when there is a change in the student's medication, health status or authorized health care provider.
- 5. Injectable medications, which are to be given on an emergency basis require special arrangements and training of school staff by the credentialed school nurse.
- 6. A copy of this authorization should be carried with the medication



#### LOS ANGELES UNIFIED SCHOOL DISTRICT Student Health and Human Services

#### REQUEST FOR SELF-ADMINISTRATION OF MEDICATION DURING SCHOOL HOURS

Student's Last Name	First Name	Sex	Birth date	School
Name of Medication			Start Date	
Dosage Prescribed	Time/Frequency		Route	
How long is medication to be taken?	1 year D short term		(Mout	h, Ear, Eye, Etc.)
now long is medication to be taken:	short-term	Date medication to be	e discontinued or # of days	to be given
Purpose of medication or diagnosis			ICD Cod	e
LICENSED HEALTH CARE PR bi-national health plan who prescribes self	` .			surgeon from Mexico contracted
This student's medical condition require jeopardy unless the medication is carrie and is physically, mentally, and behavio	d on his/her person while at school. I		nt has demonstrated know	
Please check where applicable:				
☐ The medication may have ad	verse side effects (explain):			
instructions and/or comments	s:			
The student for whom this medication is	prescribed is under my care.			
Print name of licensed healthcare provide	er	Signature		Date
Time name of neonoca nearmouse provide	•	Signature		( )
Address	City	State	Zip Code	Telephone
Print name of Supervising Physician (if I			_	(if N.P. or Midwife)
PADRE/MADRE/TUTOR				
Solicito que ami hijo(a), responsabilidad por el suministro de la documento. Solicito que la escuela cum	medicación y me atengo a la normat pla con las órdenes dictadas por el mé	iva y procedimientos dico cuyo nombre figi	establecidas por el Distritoria en este documento.	o que figuran al dorso de este
Considero que mi hijo(a) se encuentra e sus propios medios. Mediante la presen que yo pudiera tener en contra del Distr como contra sus integrantes, voluntarios	te expresamente eximo al Distrito Escito Escolar Unificado de Los Ángele	colar Unificado de Los s, de la Junta de Educ	s Ángeles de todo derecho ación del Distrito Escolar	o reclamo de cualquier índole Unificado de Los Ángeles, así
Otorgo permiso para el intercambio de farmacia.	información con respecto al consun	no individual de medi	camentos en la escuela er	tre el médico autorizado y la
Nombre del padre/madre/tutor		Firma		Fecha
() Teléfono	( ) Teléfo	no de trabajo	() Teléfoi	no de cellular
CHOOL PERSONNEL  I have received the request of the parent and behaviorally capable of self-administration.	guardian and orders of the above lice	ensed health care prov		pove student is physically, menta

### DIRECTIVAS ESTABLECIDAS POR EL DISTRITO CON RESPECTO AL CONSUMO DE MEDICAMENTOS DURANTE EL HORARIO ESCOLAR

- 1. Los medicamentos con receta deben estar debidamente etiquetados por una farmacia de los Estados Unidos y deben contener la siguiente información: (conforme con la receta de un médico titulado y debidamente autorizado)
  - Nombre completo del estudiante
  - Nombre del médico
  - Dosis, horarios, medio y forma de administración
  - ❖ Periodo de tiempo en que se ingerirá el medicamento: 1 año o corto período de tiempo (fecha en que el medicamento debe ser descontinuado o número de días que el medicamento debe ser administrado.)
- 2. Los medicamentos que no requieran receta (es decir, de venta libre al público), que hayan sido autorizados a través de la presente solicitud, podrán ser suministrados en la escuela únicamente si están en su envase original
- 3. Las solicitudes para el suministro de medicamentos durante el horario escolar deberán renovarse anualmente.
- 4. En caso de ocurrir un cambio en la medicación del estudiante, en su estado de salud, o en relación al médico autorizado, el padre de familia o tutor legal le notificará a la enfermera escolar o al administrador de la escuela y llenará una nueva solicitud para el suministro de medicamentos durante el horario escolar
- 5. Los medicamentos inyectables, que se suministren en casos de emergencia, requieren de preparación especial y capacitación del personal escolar a cargo de la enfermera escolar habilitada.
- 6. Una copia de la presente autorización debe acompañar al medicamento.



Name of Student / Nombre del estudiante	Birth date Fecha de nacimiento	School / Escuela
STUDENT CONTRACT FOR SEL MEDICATION DI	LF-ADMINISTRATION URING SCHOOL HO	
I am requesting to give and/or carry my medication at se	school and I agree to do the follo	owing:
I will tell the school nurse or problems with my medication, supplies or equipment	(trained voluntary school p	•
© I will tell the school nurse orif my symptoms do not get better after taking my	(trained voluntary school medication.	personnel) when I need help or
S I will check in with the school nurse about my med	dication and how often I am usi	
		Frequency
I understand that any misbehavior with my medication, handling equipment, will mean the school administrator		
ACUERDO ESTUDIANTIL PARA LA POSI DURANTE I Solicito autorización para llevar mi medicamento a la esc siguientes disposiciones:	EL HORARIO ESCOLAR	
© Le notificaré a la enfermera escolar o surgirme algún problema con el medicamento, l		olar capacitado) en caso de
S Le notificaré a la enfermera escolar o ayuda o si mis síntomas no mejoraran luego de la companya de la com	-	vlar capacitado) si necesitara
Hablaré con la enfermera escolar en referencia a	a los medicamentos y la frecuer	ncia con que los tomo
Frecuencia		
Comprendo que cualquier clase de conducta indebide estudiantes o el uso inapropiado de equipos, llevaría a que el privilegio de tomarme solo(a) los medicamentos.		
Signature of Student / Firma del estudian	nte	Date / Fecha
Signature of School Nurse		Date



Los Angeles Unified Scho	ool District   Student Health & Human Se	rvices   District Nur	sing Services
My Asthma	Action Plar	ase complete with y	our doctor.
Name:	Date of Birtl	h:	
Doctor's Name:	Doctor's Pho	one Number:	
Emergency Contact:	Emergency	Contact Phone:	
My triggers are: ☐ Pollen ☐ Air pollution		_	
Exercise Animals Colds Stres			
My asthma level is: 1 Intermittent	☐ 2 Mild Persistent ☐ 3 Modera	te Persistent 🛭	4 Severe Persistent
I feel GOOD (Green Zone)  • Breathing is good, and  • No cough, tight chest, or wheeze, and  • Can work and exercise easily		ine everyday. How much:	When: times a day times a day
Peak Flow Numbers:	15-20 minutes before exercise or sports,	take puff o	times a day of
I DO NOT feel good (Yellow Zone)  Cough or wheeze, or  Tight chest, or Hard to breath, or Wake up at night, or Can't do all activities, or (work & exercise)	TAKE puffs of quick-relief medicir 30 minutes, take more puffs. Medicine: How taken:  KEEP USING long-term control medicine Medicine: How taken:	How much:	Green Zone within 20 to  When: every hours  When: times a day
Peak Flow Numbers:	Call your doctor if quick-relief medicine of happen more than twice a week.		times a day nese symptoms
I feel AWFUL (Red Zone)  • Medicine does not help, or  • Breathing is hard or fast, or  • Can't talk or walk well, or  • Chest pain, or  • Feel scared		How much:	When: times a day
Peak Flow Numbers: Under	Get emergency care/Call 911 if you can OR if drowsy OR if lips or fingernails are	't walk or talk becaus	
Sign Here Physician signatu	ıre:	Da	te:
Authorization and Disclaimer from Parent/Guardian: I request that the school My child may carry and self-administer asthma medications and I agree to release medications.   Yes  No	ol assist my child with the above asthma medications and the asthma ac e the school district and school personnel from all claims of liability if m	y child suffers any adverse reaction	s from self-administration of asthma
Print Parent/Guardian Name:	Signature:Signature:		Date:
asthma medications:   Yes   No	i viveras i universamo triat an procedures will be implemented in accord	aanse misti state iaws and regulation	s. suddit ilay tany and ser-administer
(This authorization is for a maximum of one year from signature date.)	Signature:		Date:
Print Provider Name/Credentials:	signature:		

Complete con su médico.



Los Angeles Unified School District | Student Health & Human Services | District Nursing Services



Mi Plan de Acci	ión Contra el As	ma 🚚
Nombre:	Fecha	a de nacimiento:
Nombre del médico:	Número de teléfono del mé	dico:
Contacto para emergencias:	Teléfono del contacto para en	nergencias:
Mis desencadenantes son: 🗖 Polen 🗖 Cont	taminación atmosférica 🛭 Moho 📮 Ácaros del po	olvo 🗖 Humo 🗖 Olores fuertes
☐ Cucarachas ☐ Ejercicio ☐ Animales ☐ Re	esfriados 🛭 Estrés 🚨 No tomar su medicamento	para el asma
☐ Comida ☐ Otro		
El nivel de mi asma es: 🔲 1 Intermitente	2 Persistente 3 Moderado Persistente	4 Severo Persistente
Me siento BIEN (zona verde)  • Mi respiración es buena, y  • No tengo tos, opresión en el pecho ni sibilancia, y  • Puedo trabajar y hacer ejercicio fácil		
Valores del flujo máximo:		veces por día
	Entre 15 y 20 minutos antes de hacer ejercicio o p	
	dosis de	con un espaciador.
NO me siento bien (zona amarilla)  Tos o sibilancia, o Opresión en el pecho, o Di!cultad para respirar, o Me despierto por la noche, o	INHALE dosis de medicamento de alivio rá verde dentro de los 20 a 30 minutos siguientes, in Medicamento: Cómo se toma: Cuánto	nhale dosis más. : Cuándo: cada horas
No puedo hacer todas las actividades (trabajo y ejercicio)	SIGA USANDOmedicamentos de control a Medicamento: Cómo se toma: Cuánto	a largo plazo. : Cuándo: veces por día
Valores del flujo máximo:		veces por día
a	Llame a su médico si el medicamento de alivio rá síntomas se presentan más de dos veces por sem	pido no funciona O si estos
Me siento MUY MAL (zona roja)  • El medicamento no me ayuda, o  • Mi respiración es dificultosa oacelerada, o  • No puedo hablar o caminar bien, o	¡Obtenga ayuda ahora! Tome estos medicamentos de alivi Medicamento: Cómo se toma: Cuánto	: Cuándo:
Dolor en el pecho, o     Me asusto		veces por día
- IME ASUSTO		veces por día
Valores del flujo máximo: Menos de	Obtenga atención de emergencia/Llame al 911 si no pue demasiado respirar O se siente somnoliento O tiene los lab	de caminar o hablar porque le cuesta ios o las uñas de color gris o azul. ¡NO ESPERE!
Firme aqui Firma de médico	o:	Fecha:
Autorización y exención de responsabilidad del padre/tutor: Solicito que la e reglamentación estatal. 🌣 Si 🔼 No	escuela ayude a mi hijo/a con los medicamentos contra el asma indicados arriba y el pla	in de acción contra el asma de acuerdo con las leyes y la
Mi hijo/a puede llevar y administrarse medicamentos contra el asma y yo acepto medicamentos contra el asma. □ Si □ No	o esímir de toda responsabilidad al distrito escolar y al personal de la escuela si mi hijol	a llegara a sufrir alguna reacción adversa por administrarse los
Nombre del padre/tutor:	Firma:	Fecha:
	es escritas antes mencionadas. Entiendo que todos los procedimientos se impiementará ista autorización estará vigente durante un año como máximo desde la fecha de la firma	
Nombre del proveedor/credenciales:	Firma	Fecha:
Teléfono del proveedor:	Dirección del proveedor:	



### Medical Waste Transport Preparation Checklist

#### Medication

- 1. REMOVE identifying information
- MUST have separate bags for inhalers, pills, liquid medications (including calamine lotion). <u>DO NOT</u> COMBINE THEM IN THE SAME BAG.
- 3. PLACE bags in a labeled cardboard box labeled "For INCINERATION" on all sides: Pills (Tablets) | Insulin vials | Vaccine vials | Pills | Epipens | Liquid medications
- 4. **<u>DO NOT</u>** include canisters, spacers, epipen and pills containers in the box. Recycle them if at all possible or place them in regular trash.

Remove identifying information



Remove inhalers from canister





Remove spacers



Remove Epipen from containers

Individually wrapped pills -OK to bring as is. They do not have to be taken out of the pack





(tablets, capsules)

Pills

Remove

pills from their original containers. Place them in a separate bag and put the containers in the recycle bin



Liquid medications (prescription including calamine lotion) keep in original containers after removing identifying

information and place them in a separate bag

**Hydrogen Peroxide** – dispose in drain and place containers in the recycle bin

#### **Sharps Container**

- Shall contain ONLY needles or Syringes with needles
- No more than ¾ full

DO NOT combine with other wastes, such as expired medications. DO NOT put medications in the sharps container

#### **Medical Waste Tracking Document**

- Form: https://achieve.lausd.net/nursing > Nursing
   E-Library > Forms > Medical Waste Tracking
   Document and Generator Certificate
- MUST list every medication name and their count
- MUST complete a separate one for sharps container if transporting with expired medications
- MUST carry the Medical Waste Tracking Document and the Small Quantity Medical Waste Generator when transporting the medical waste to District Nursing Services

#### **Medical Wastes Drop-Off Locations**

**Local District Nursing Office** 

OR

District Nursing Services, CD Desk: Appointment is REQUIRED

121 North Beaudry Ave., Los Angeles, CA 90012 (213) 202-7580 | (213) 202-7575